

# JANUARY 2009

# fremonitor

VOLUME 36 NUMBER 1

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## SKY HIGH



**JANUARY 19  
12-3:30PM, \$22**

Are you ready for SKY HIGH? If you are in high school, come and join us in San Jose for an unbelievably good time! We will be leaving from the church on Monday at noon; if you want to meet us there, we will be jumping at 1pm. **DO NOT MISS THIS EVENT!** A time to hit your friends and leaders with dodge balls while jumping on trampolines!

Please contact the Student Ministries Office for details at 657.0123 ext. 146 or [epicanco@gofcc.org](mailto:epicanco@gofcc.org)

### Fremont Community Church

Home of Christian Community Schools  
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Doug & Christine Ingebretson  
over this verse for years but how do I live in this reality?

## NAKED JOY

By Doug Ingebretson, Analog Community Pastor

Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus. 1 Thessalonians 5:17-19

God keeps bringing this text to mind, especially in the context of the current economic crisis in which many of us find ourselves. This looks good on paper and I have read

Be joyful always? It seems so unattainable and unreachable. How do I have joy when I am worried about tomorrow, wondering, "Will I be able to pay the bills this month?" "Are we going to be able to stay in this house?" "Can I provide what my children need?"

Joy is an attitude. It is not a fake smile or living in denial but rather a conscious decision to choose joy because you have been granted the gift of life through the grace of Jesus. You exist. You can control your attitude towards what life throws your way. You can't control much else. Being joyful is choosing to love your neighbor (the person in need) and choosing to share what you do have with those not as fortunate as you. Bring the gospel to the people around you. In this, there is joy.

Prayer is like breathing. It is a continuing conversation with the God of the universe through each moment, each hour, each day of your life. Praying continually helps me to remember that my life is God's. Everything comes from him. As I surrender to him each moment, I can rest in his faithfulness and provision.

Give thanks! You have it better than most. You are not out in the cold living under a tarp. Your village has not been ransacked and your children stolen. You count calories while others are trying to get any calorie they can. Your garbage is someone else's fortune.

And remember: Jesus was a Jewish peasant who "had no place to lay his head" and accepted the hospitality of others. He had no possessions. No bank accounts. No retirement or 401k. He trusted that God had his back. To have perfect trust like that is marvelous.

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# MINISTRY HIGHLIGHTS

## JUNIOR HIGH MOVIE NIGHT

Join us for movie night in the Quad! We will be showing an awesome flick with popcorn and snacks! Bring your friends! For more information, contact Emilie at 657.0123 ext. 146 or [epicanco@gofcc.org](mailto:epicanco@gofcc.org).

**JANUARY 23, 7:30-10PM**

## FRIDAY NIGHT AT FCC //



**MEN'S FRIDAY NIGHT BIBLE STUDY**  
7PM // ROOM 21

Ed Santos is leading a fun, lively, and edifying discussion/presentation about Christianity and Apologetics. For more info, contact Jan Hiller at 657.0123, ext. 143 or [jhiller@gofcc.org](mailto:jhiller@gofcc.org).



**LAUGH YOUR WAY TO A BETTER MARRIAGE**  
7PM // ROOM 5

Pastor Henry & his wife, Arleen, lead this delightful marriage class using a DVD series by Mark Gungor. For more info, contact Jan Hiller at 657.0123, ext. 143 or [jhiller@gofcc.org](mailto:jhiller@gofcc.org).



**MEN'S BASKETBALL**  
7PM // PAVILION

Join us for a game of basketball and competition!



**SHAPE UP! WOMEN'S AEROBICS**  
7PM // ROOM A

Shape Up, led by Brenda Williams, will be in Room A beginning January 9th from 7-8:30pm. It is an exercise class where women meet together and exercise through aerobic tapes and encourage each other in their endeavors as they shape up after the holidays. For more info, contact Brenda at 510.789.5372 or [jhiller@gofcc.org](mailto:jhiller@gofcc.org).

**NEW SATURDAY NIGHT WORSHIP SERVICE**



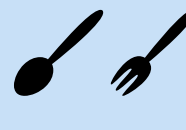
**STARTING ON:**

**SATURDAY // JAN. 24**  
**6PM**

We are starting a new worship service, "Saturday Night" - beginning on 1/24/09. This service will be different than Celebration or Analog. Our first three-part series will be "Keepin' It Real" - Authenticity, Hypocrisy, and Truth.

**Questions?** Contact Janell at 657.0123 ext.502 or [jwatts@gofcc.org](mailto:jwatts@gofcc.org).

**THE KNOT**  
**brunch**



**JAN. 4 // 11AM // RM. 15**

All married couples are invited to our Knot brunch! We will have new materials for our next study, "The Love Dare" from the movie "Fireproof." For more information, please contact Bill or Deb Bontadelli at 656.9134 or [hmjjmom@comcast.net](mailto:hmjjmom@comcast.net).

## To Help You Plan Ahead

JAN 01	Focus Singles Game Day
JAN 04	The Knot Brunch
JAN 09	Friday Night at FCC Resumes
JAN 18	Elders Meeting/Elders Prayer Support
JAN 19	High School Sky High
JAN 21	Kids 4 Christ Resumes
JAN 23	Junior High Movie Night
JAN 24	Saturday Service Begins
JAN 29	CCS Preschool-8th Grade Visitor's Day
JAN 31	CCS Preschool & Kindergarten Fair

# JANUARY 2009 CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
				Focus Singles Game Day <b>01</b>	<b>02</b>	<b>03</b>
				Offices Closed		
The Knot Brunch 11am <b>04</b>	CCS Resumes <b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	Friday Night at FCC Resumes <b>09</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Elders Meeting 1pm Elders Prayer Support 2:30pm <b>18</b>	HS Sky High 12pm <b>19</b>	<b>20</b>	Kids 4 Christ Resumes 7pm <b>21</b>	<b>22</b>	Junior High Movie Night 7:30pm <b>23</b>	Saturday Night Service Kick-off 6pm <b>24</b>
	Offices Closed					
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	Preschool - 8th Grade Visitor's Day 9am <b>29</b>	<b>30</b>	Preschool & Kindergarten Fair 8am <b>31</b>

## sunday schedule

09.00 am Celebration Worship (contemporary)  
10.45 am Sunday School/Adult Small Groups  
11.00 am Analog Worship (informal)

## monday schedule

06.00 pm Focus Men's Dicipleship

## tuesday schedule

07.00 pm Celebration Choir Rehearsal  
07.30 pm Celebration Band Rehearsal

## wednesday schedule

05.00 pm Jr. High (7-8 grade)Leadership  
06.30 pm Jr. High (7-8 grade)  
07.00 pm Kids 4 Christ (beginning 1/21)  
07.00 pm Alive! (Young Marrieds & Singles)  
07.30 pm Family Bible Study

## thursday schedule

07.00 pm Women's Bible Study (1 & 3rd week)  
07.00 pm High School (9-12 grade)

## friday schedule

07.00 pm Alive! (Young Marrieds & Singles)  
07.00 pm Friday Night at FCC (beginning 1/9)

## saturday schedule

09.00 am Saturday Morning Prayer (1,3,4 Sat. at FCC  
& 2nd Sat. at Family Resource Center)  
06.00 pm Saturday Night Service (beginning 1/24)

## throughout the week: CITY REACHING CELLS

City-Reaching Cells meet throughout the week. Pick up a Women's Network, Men's Network or Adult Small Groups flyer in the Atrium Literature Rack for the contact person of a CRC that fits your schedule!



## NAKED JOY (CONTINUED FROM PAGE 1)

Being a Christian is not about what you own or are trying to attain. It's about following Jesus and letting him take you where He wants you to go. It's about letting go of security (an illusion by the way) or control or expectations. You are not in control. You are totally dependent on God for every breath.

So enjoy the ride. Enjoy today and enjoy this year. Laugh more. You are not in control. Enjoy this moment because it is gone this very second.

Be joyful always. Pray continually. Give thanks in all circumstances. This is God's will for you!

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### Church Community Builder Sign Ups

Church Community Builder is a site that enables you to connect to the FCC Church family. It's a tool to get connected to your small groups or to get updated news from FCC. If you haven't sign up for our new Church Community Builder and would like to, please contact Kim at 657.0123, ext. 115 or khensley@gofcc.org.



**FCC WOMEN'S RETREAT 2009**

girlsgetaway  
**GOT JOY?**

**REGISTRATION BEGINS  
ON JANUARY 11TH  
MARCH 13-15, 2009  
MOUNT HERMON  
CHRISTIAN CONFERENCE CENTER**

For info or registration: Cezanne Ma at 510.742.1418  
or teachercez@comcast.net

### Employment Opportunities

We have several job openings at FCC, including some at Christian Community Schools. Among those positions is an immediate need for a **part-time Building & Grounds Support Attendant**, and **part-time Substitute Preschool-8th Teacher**. If you're interested in applying or if you have any questions, please contact Helen Wong at 657.0123 ext. 112 or hwong@gofcc.org.

### Homeless Donations

We are currently collecting donations for the homeless living in the Fremont TriCities Area and San Francisco. If you would like to donate, the blue donation bin is located near the Atrium Welcome Center. There is a list located at the box regarding what is needed. For more information, contact Kim Hensley at 657.0123, ext. 115 or khensley@gofcc.org.

### FAMILY NEWS

#### Keep in prayer:

- + **Blanc Family**, for the recent passing of Tami's grandma.
- + **Hernandez Family**, for the recent passing of Carrie's mother.

#### Birth Celebration:

- + **Will and Jazz Walker**, for the recent birth of their daughter, Zoe Eden, on December 11th.



### Arise

Are you up early on Sundays? Join Arise! We're an FCC adult small group that meets on the 2nd and 4th Sundays at 8am in the Family Room with A View! Arise prays for our worship services and ministry programs happening on Sunday mornings while also fellowshiping with each other over coffee and breakfast. There's a special joy in arriving early to our Father's House for fellowship with purpose! Call Jerry Borden for details at 510.794.4434 (or just Arise and attend!).

### Cityserve Compassion Network: Volunteer Opportunities

Cityserve Compassion Network needs your help. We need volunteers for: Helping to fix a bike and lawnmower; Tutoring for 2009; Moving a pile of wood; Christian Family hosting for Korean high school student; Moving couch and chair; Various household donations. If you are interested in volunteering or helping with one of these requests, please contact Jerry Borden at kbandjb275@msn.com or 510.794.4434.

# TO PROTECT AND TO PRAY

By Gary M. Louie, FCC Elder

Dave Williams was one of the elders in our church many years ago. He was a math teacher at Logan High School, and one of the most wise and kind men I can recall knowing – the ideal picture of an “Elder” in my mind. Dave and I used to meet on Wednesday mornings, along with another friend, for Bible study and just to talk about our faith, our families, and our marriages. I can recall him occasionally coming to our meetings with a very heavy heart. He would share that he and the other elders were dealing with some very difficult and heartbreaking issues that were affecting our FCC family. He would not go into details, but he would tell us to protect our marriages and to pray with our wives. My friend and I knew that he was talking about some of our own church families in crisis, families whose marriages were falling apart.

A number of years later, my wife, Stephanie, and I had the privilege of being called as an elder couple here at FCC. Over the past years of serving on our Board, I have seen God’s hand working in many wonderful ways in our church! But I have also seen the tragic consequences of marriages in crisis, of divorce, and of the devastating effects on families and friends. Current statistics are showing that Christian marriages appear to be failing at the same rate as non-Christian marriages. Some studies sadly show that the “Christian” divorce rate is even higher. And this past year I heard that the friend that I used to meet Dave with became one of those statistics.

How can we as Christian couples avoid becoming one of those statistics? How can we build the type of marriage that Scripture talks about in Ephesians? How can we learn to “protect” our marriages, as Dave wisely admonished us to do? Is the answer better communication, more romance, or spending more time together? I think we all know that there are no simple answers, and that building a strong Christian marriage and family requires much more than most people are capable of doing on their own.

Here at FCC we have a group of couples that meet weekly on Sunday mornings called “The Knot.” We are a diverse group, with some married only two years and some thirty-two years. Some have grade-school children, and some have grandchildren! But we do share a common purpose. Our purpose in meeting is to explore how we can make our own marriages stronger, and how we can help each other along the way – and have fun at the same time!

Over the past year or two we have had some stimulating and challenging discussions on “Boundaries in Marriage,” “A Tale of Two Brains” (how men and women really are different and



**CHRISTIAN COMMUNITY SCHOOLS**  
**VISITOR'S**  
**DAY** **January 29**  
**9am-12 Noon**

Visitor Day events are designed to allow parents who are considering enrolling their children in CCS the opportunity to visit the school, look at the classrooms and talk to the staff.

We often have currently enrolled families stop by to look at the next grade level, but teachers are not generally available during these events. It is definitely NOT the time to ask teachers to view your child's work.

It IS a great time for prospective parents to look at all of our campus, talk to the administrative staff, and view curriculum and programs. Refer your friends and neighbors to the school!

**For more information, contact Tina Sevilla at [tsevilla@gofcc.org](mailto:tsevilla@gofcc.org) or 651.KIDS.**

how we can deal with that!), “Love and Respect” (the crazy cycle of men needing respect and women needing love, and what happens when we don’t get what we need!). Our next session starting in January will be based on the book, “The Love Dare,” which will address the issue of never abandoning your partner. It is the basis of the recent movie, “Fireproof” starring Kirk Cameron. We will also have the opportunity to view this thought-provoking movie in class.

I would like to echo Dave’s wise advice to all of us – protect your marriage and pray with your spouse. This group is one way we can help each other do just that. Every couple at FCC is invited to join us! If you feel your marriage is strong, come and share your wisdom! If you are at a “stale” or “dry” time in your relationship, come and get rekindled. If you are at a time of crisis, come and receive love and support. Let’s do our part to reverse that statistic! See you all in class next week!